

"Blue Book Traineeship Info Session"

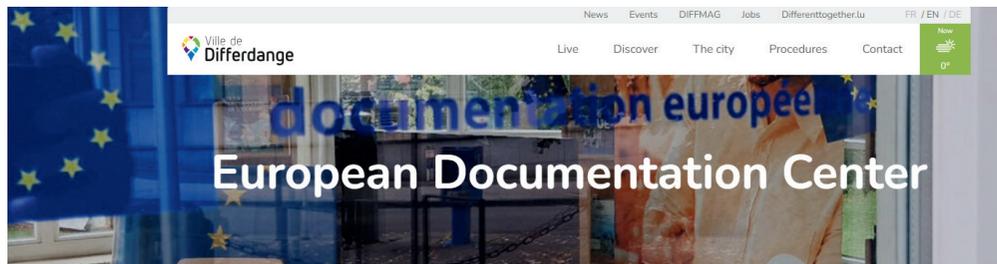


21 January 2026

European Documentation Center
Differdange



European Documentation Center (EDC) Differdange



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A A A

Bringing Europe closer to its citizens

The European Documentation Center (EDC) is a lively space dedicated to learning about the European Union. Its mission is to make Europe tangible and accessible to everyone—citizens, students, teachers, and local associations.

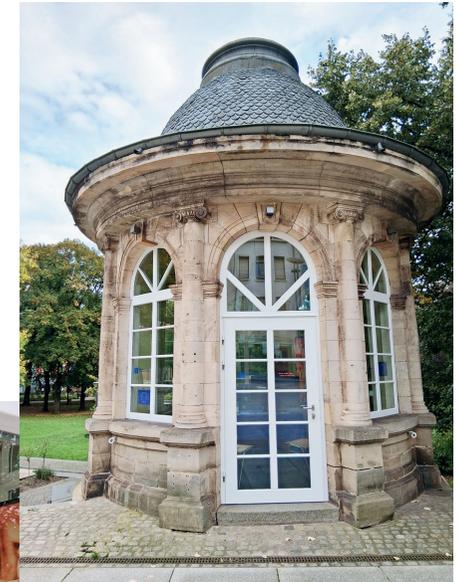
A lively and interactive space

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At the EDC, you can:

- Explore official EU publications
- Access digital resources
- Participate in interactive workshops
- Obtain teaching materials

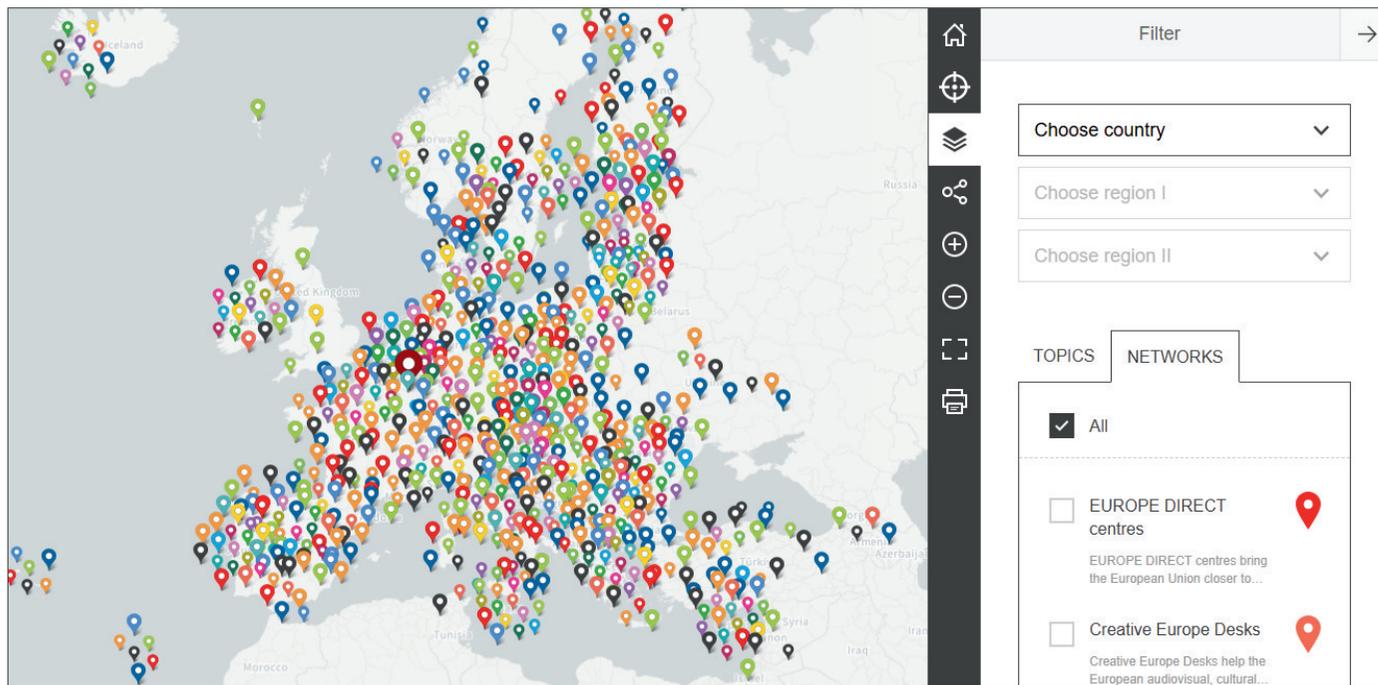
The EDC is a meeting place between citizens and Europe. Come and find out



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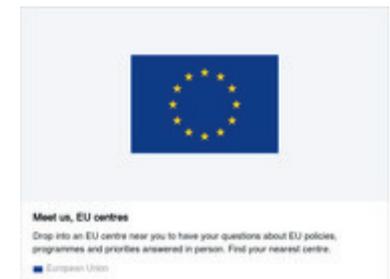
EU Centers in Europe

The 'European Union around me' map



Webtools + © EC-GISCO + Leaflet | © OpenStreetMap © EuroGeographics © UN-FAO for the administrative boundaries | Disclaimer

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- Europe Direct
- Erasmus+
- EURES



Program



1. **Blue Book Traineeship**
2. **Application process**
3. **Selection process**
4. **Tips / Suggestions**
5. **Common pitfalls**
6. **Q&A**

Blue Book Traineeships



European Commission

EN

Blue Book Traineeship programme

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Blue Book Traineeship programme

Twice a year, the Commission offers a 5-month paid traineeship

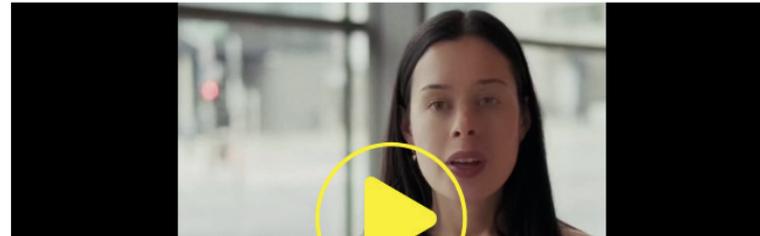
[Discover what's on offer >](#)



What is the Blue Book Traineeship programme?

The Blue Book Traineeship programme is a five-month paid internship offered by the European Commission, providing graduates from around the world with hands-on experience in EU policymaking and administration.

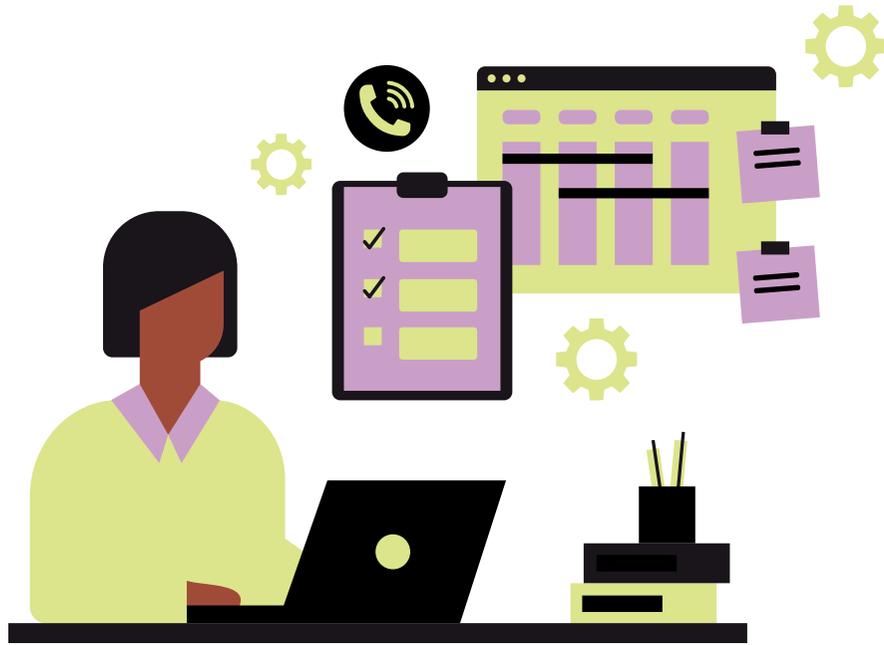
Trainees work in a multicultural environment, develop professional skills, and gain insights into the operations of EU institutions.



Requirements



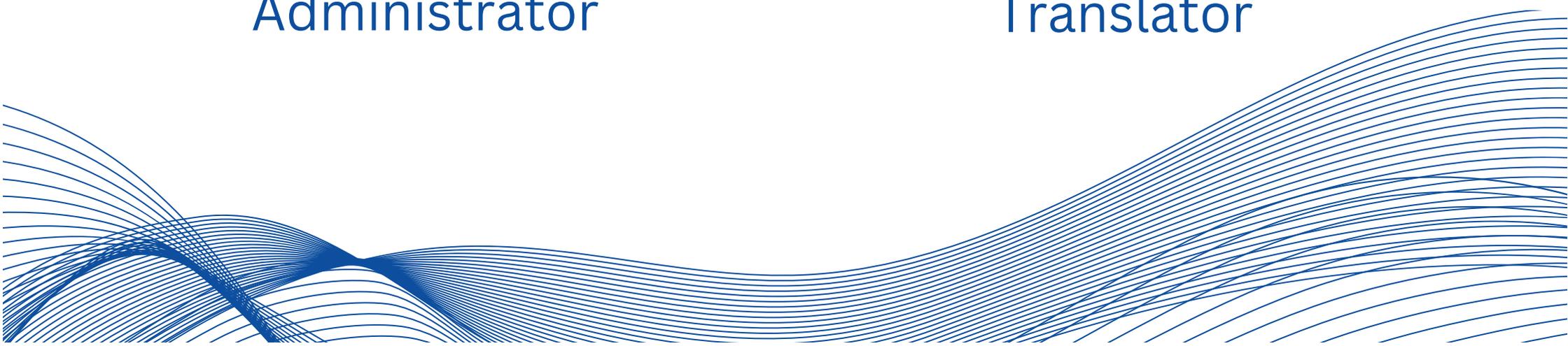
Profiles



Administrator



Translator



Sessions



Applications:
August

Cohort:
March - July



Applications:
January / February

Cohort:
October - February

Key Areas of work:



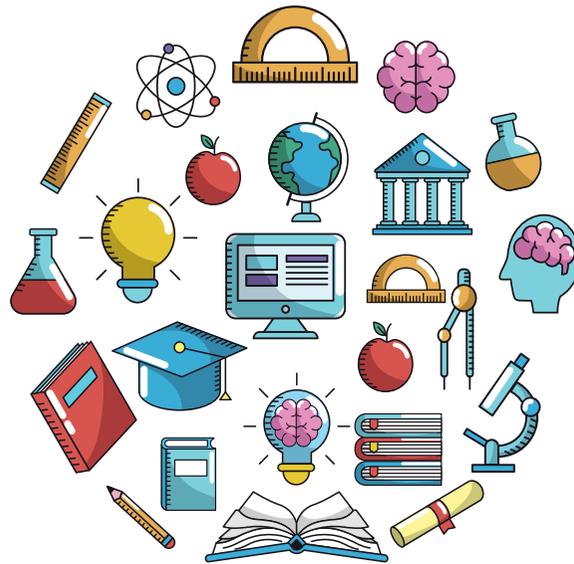
- European Policies
- Institutional Functioning
- Interinstitutional Projects



Opportunities



International



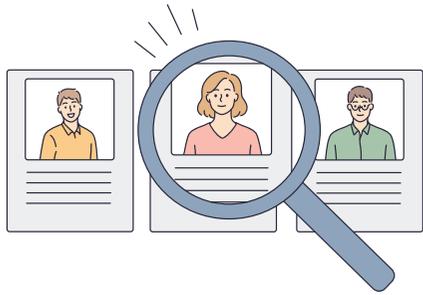
EU Knowledge



Networking



Stats



30.000



66%



83%



57%



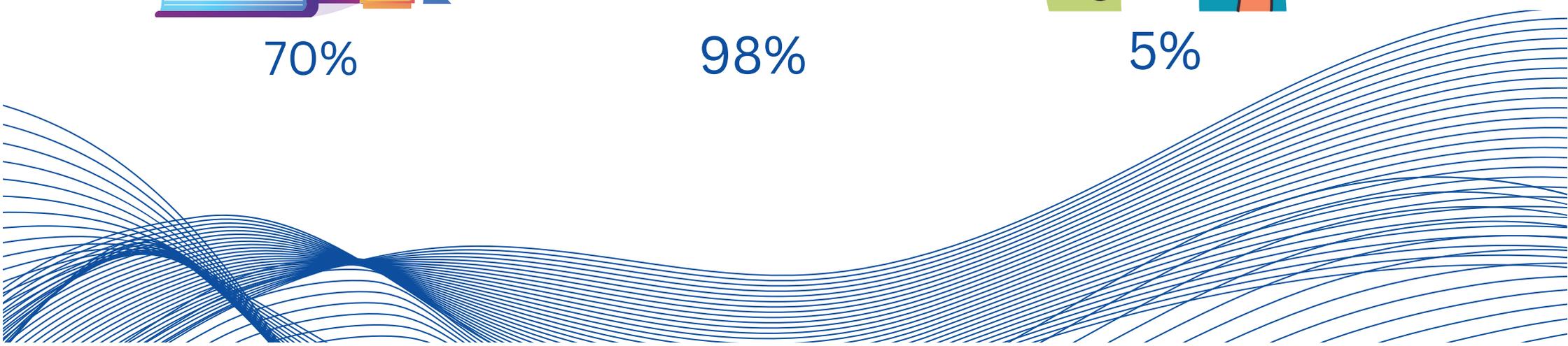
70%



98%



5%



Application Process



Suggested procedure



Instructions



Supporting documents



Application form

1



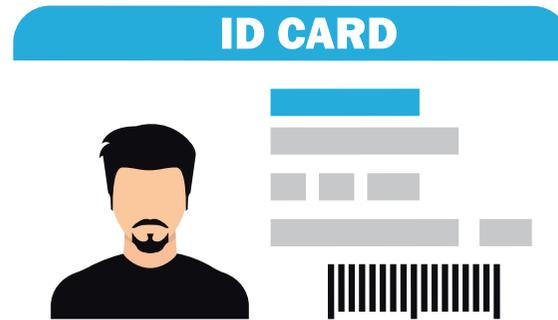
2



3

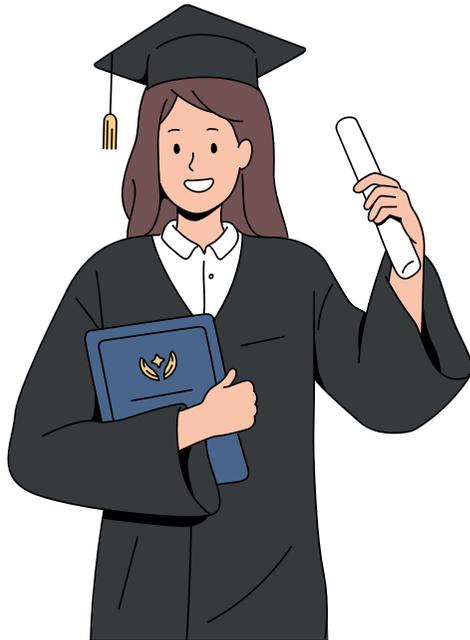
Application Form

Identification document



Application Form

Education



- Must: Bachelor's degree
- 180 ECTS
- Academic transcripts
- University degrees
- Start and end dates

Application Form

Professional experience



- Performed in **home country**.
- All kinds of experience
- Period **clearly stated**
- Signed, stamped certificates
- **Start and end dates**
- Emails are not accepted

Application Form

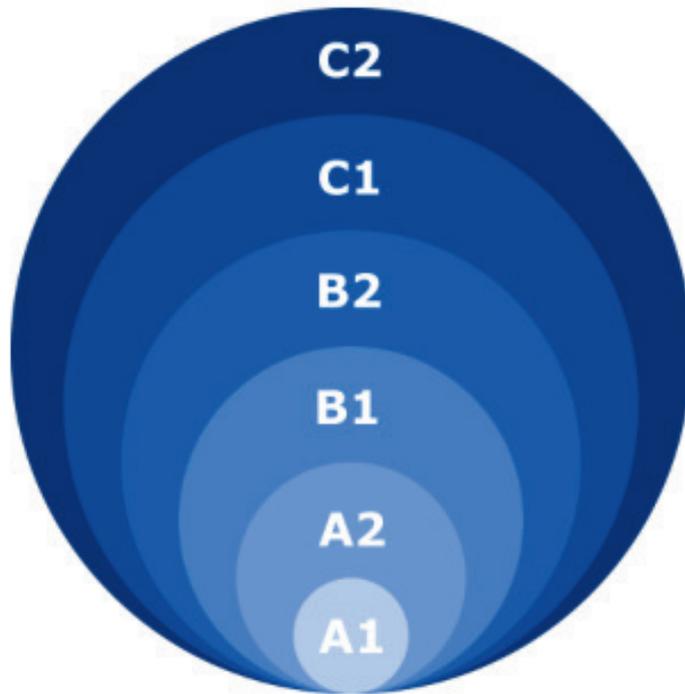
International experience



- Performed outside home country.
- All kinds of experience (Erasmus)
- Period clearly stated
- Signed, stamped certificates
- Start and end dates
- Declared **only** in international experience
- Emails are not accepted
- Remote work is not accepted

Application Form

Languages



24 EU Languages

Common European Framework of
Reference for Languages (CEFR)

Application Form

Languages



Admin: 2 EU languages*

- English, French or German (C-level)
- Any other EU language (B2+ level)

Translation: 3 EU languages

- Target: (mother tongue)
- Source: English, French or German (C-level)
- Any other EU language (B2+ level)

**(Non-EU) only 1 working language at C-level*

Application Form

Languages

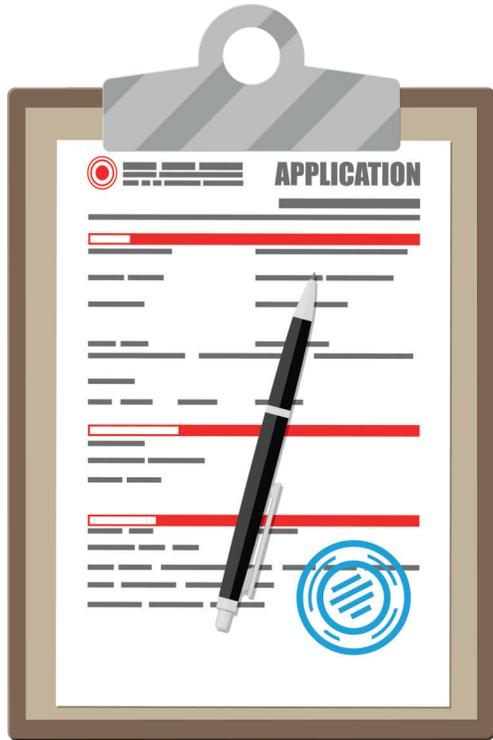


- Language certificate
- CEFR level clearly stated
- University degrees (completed)
- Mother tongues (no points)
- Non-EU languages: no support needed
- Recommendation letters / emails are not accepted
- Int. experience: not accepted as proof

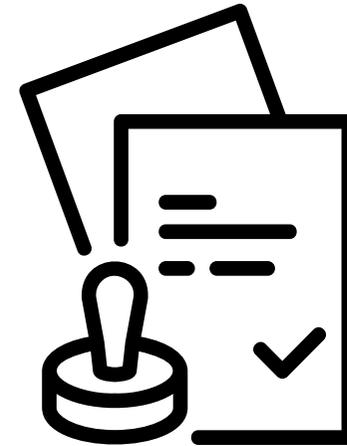
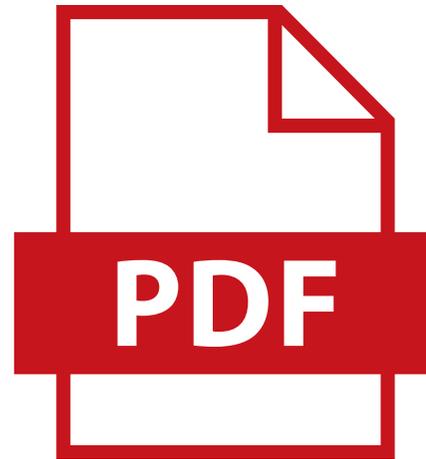
Selection Process



Selection Process



Application form



Selection Process 2



Eligibility Checks



Virtual Blue Book

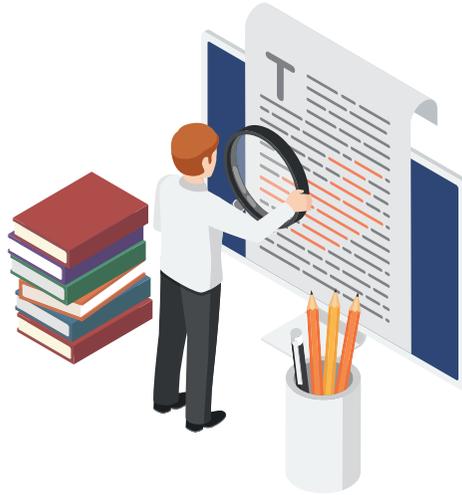
Tips / Suggestions



Tips



Deadlines



Matching info



International



Volunteering



Languages

FAQs



EN

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Blue Book Traineeship programme

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Frequently asked questions

Questions most commonly asked by our candidates and current trainees.



Common Pitfalls

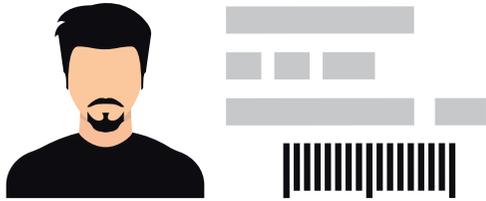
ATTENTION



Pitfalls!

Mismatch

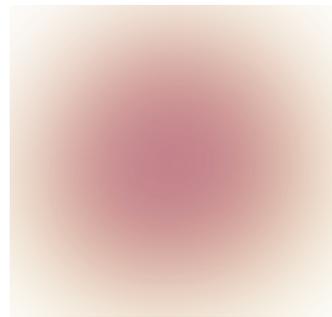
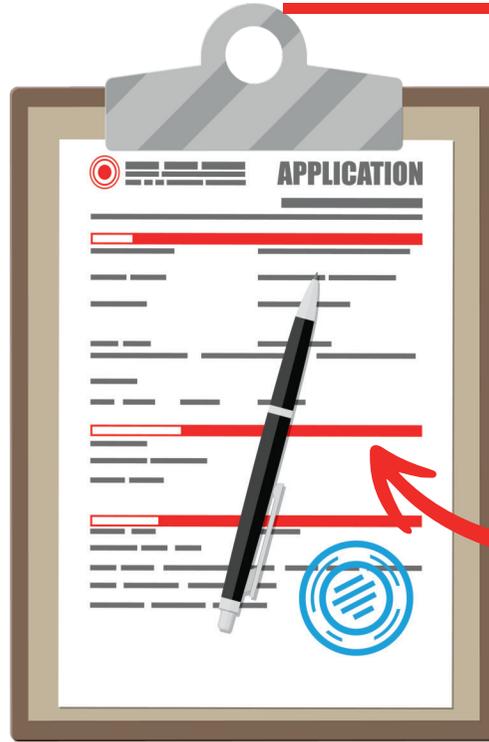
ID CARD



No ID



Deadline



Illegibility



Languages

Thank

YOU!